



*Parker Velargo, MD*  
Facial Plastic Surgeon

2633 NAPOLEON AVE. SUITE 920

NEW ORLEANS, LA 70115

[WWW.PLASTICSURGERYNOLA.COM](http://WWW.PLASTICSURGERYNOLA.COM)

DRVELARGO@PLASTICSURGERYNOLA.COM

Telephone  
504-533-8848

Facsimile  
504-313-3776

### *Personal Information*

- Birth: 10/15/1982 — New Orleans, LA
- Married: Leia Oubre Velargo, MCD, CCC-SLP

### *Board Certification and Medical Licensure*

- Board Certified — Facial Plastic & Reconstructive Surgery (38163), Expiration: 12/31/2026
- Board Certified — Otolaryngology/ Head & Neck Surgery (22269), Expiration: 04/01/2026
- Licensed — Louisiana State Board of Medical Examiners (MD.206101), Expiration: 10/31/2026
- Licensed — Nebraska State Board of Medical Examiners (28712), Expiration: 10/01/2026
- Licensed — Alabama State Board of Medical Examiners (32411), Expiration: 12/31/2026
- Licensed — Arizona State Board of Medical Examiners (65682), Expiration: 10/15/2026
- Licensed — Mississippi State Board of Medical Examiners (29771), Expiration: 06/30/2026
- Licensed — Tennessee State Board of Medical Examiners (65014), Expiration: 10/31/2026
- Licensed — Texas State Board of Medical Examiners (T6480), Expiration: 05/31/2026
- DEA Number: FV37\*\*\*\*, Expiration: 05/31/2025

### *Hospital/Surgical Center Affiliations*

- Ochsner Baptist Hospital — Active Staff — New Orleans, LA
- Vivere-Audubon Outpatient Surgical Center — Active Staff — New Orleans, LA
- Houma Outpatient Surgical Center — Active Staff — New Orleans, LA

### *Practice*

- **New Orleans Center for Aesthetics & Plastic Surgery, LLC**
  - Co-owner and co-founder (Established in 2014)
  - Facial Plastic and Reconstructive Surgeon
  - Address: 2633 Napoleon Ave, Ste 920, New Orleans, LA 70115
  - [www.plasticsurgerynola.com](http://www.plasticsurgerynola.com) — (504) 533-8848



NEW ORLEANS CENTER  
FOR AESTHETICS AND PLASTIC SURGERY

### *Education*

- **American Academy of Facial Plastic & Reconstructive Surgery, Inc.**
  - Fellowship — E. Gaylon McCollough, MD — Gulf Shores, AL — 2013-2014

- **University of Tennessee College of Medicine**, Memphis, TN
  - Residency in Otolaryngology/ Head & Neck Surgery — 2008 - 2013
  - Chief Resident: 2012-2013
- **Louisiana State University School of Medicine**, New Orleans, LA
  - Degree: *Doctor of Medicine* (top 25% of class) — 2008
- **Louisiana State University**, Baton Rouge, LA
  - Degree: *Bachelor of Science* in Biological Sciences (Magna Cum Laude) — 2004
- **Brother Martin High School**, New Orleans, LA
  - Degree: *Honors Diploma* — 2000

### *Journal Publications/Submissions*

- Langsdon PR, **Velargo PA** Rodwell DW, Denys D. Submental Muscular Medialization and Suspension. *Aesthetic Surgery Journal*. September 2013. 33 (7): 953-66.
- Langsdon PR, **Velargo PA**, Rodwell DW. Surgical Manipulation of the Periorbital Musculature. In: Nahai FR, ed. Brow and Upper Eyelid Surgery: Multidisciplinary Insights. *The Clinics of Plastic Surgery*. January 2013 (Vol. 40, Issue 1, Pages 125-131).
- Langsdon PR, **Velargo PA**, Rodwell DW. Latest Chemical Peel Innovations: The Enhanced Superficial Chemical Peel. *Haut*. 2012 October; Heft 5, Band XXIII: 205-6.
- Langsdon PR, Rodwell DW, **Velargo PA**, et. al. Latest Chemical Peel Innovations. In: Emerging Tools and Trends in Facial Plastic Surgery. Carniol PJ, ed. *Facial Plastic Surgery Clinics of North America*. 2012 May; 20 (2): 119-23.
- **Velargo PA**, McLey J. A “Nail-biting” Presentation of a Mistreated Airway Foreign Body. *Ear Nose Throat Journal*. 2014 April/May; 93 (4-5): 154-157.
- **Velargo PA**, Thompson JW. Palatoglossal Flap - A Novel Approach to Cover Herniated Fat During Tonsillectomy. *Ear Nose Throat Journal*. 2012 Apr; 91 (4): 152-4.
- Tomeh C, Jones N, **Velargo PA**, Thompson JW. Subglottic Stenosis in Juvenile Rheumatoid Arthritis. *International Journal of Pediatric Otorhinolaryngology Extra*. 19 January 2012 (Article in Press DOI: 10.1016/j.pedex.2011.01.009).
- **Velargo PA**, Burke EL, Kluka EA. Neck Abscesses caused by Methicillin-resistant Staphylococcus aureus: a retrospective study of incidence and susceptibilities over time. *Ear Nose Throat Journal*. 2010 Sep; 89 (9): 459-61.
- **Velargo PA**, McCollough EG. A Split Face Study on the Effects of Topical *Arnica montana* and *Ledum palustre* on Ecchymosis Following Lower Lid Blepharoplasty. Submitted for publication.

## *Book Chapters*

- Velargo PA, Holtrop JC, Aukerman BD, Sohini VR. Direct Neck Lift in Men. Facial Plast Surg. 2025 Oct 7. doi: 10.1055/a-2708-5392. Epub ahead of print. PMID: 40992434.
- Fedok FG, **Velargo PA**, et. al. Management of the Paralyzed Brow, Chapter 7. In: Facial Paralysis: A Comprehensive Rehabilitative Approach. 1st edition. Wax MK, editor. San Diego: Plural Publishing. November 2014.
- Langsdon PR, Rodwell DW, **Velargo PA**, et. al. Superficial Chemical Peels, Chapter 5. Enhanced Superficial Chemical Peel, Video 5.1. In: Minimally Invasive and Office-Based Procedures in Facial Plastic Surgery. 1st edition. Fedok FG and Carniol PJ, editors. New York: Thieme Medical Publishers. July 2013.

## *Presentations at International/National Meetings*

- **Velargo PA.** *Face of New Orleans*
  - 2025 — ASPS Annual Meeting — New Orleans, LA -- Oral Presentation
- **Velargo PA.** *Piezotome Assisted Rhinoplasty*
  - 2024 — AAFPRS Annual Meeting — New Orleans, LA -- Oral Presentation
- **Velargo PA.** *Avoiding Complications in the Deep Neck*
  - 2024 — AAFPRS Annual Meeting — New Orleans, LA -- Oral Presentation
- **Velargo PA.** *Radiofrequency Assisted Lipolysis: Pearls and Pitfalls*
  - 2024 — California Rhino-Face Summer Meeting — Newport Beach, CA -- Oral Presentation
- **Velargo PA.** *Optimizing Outcomes in Non-Surgical Rhinoplasty*
  - 2024 — California Rhino-Face Summer Meeting — Newport Beach, CA -- Oral Presentation
- **Velargo PA.** *Avoiding Deep Trouble in the Deep Neck*
  - 2023 — Return of the MAC (Multispecialty Aesthetic Conference) — San Diego, CA -- Oral Presentation
- **Velargo PA.** *Optimizing Outcomes in Radiofrequency Assisted Lipolysis*
  - 2023 — Return of the MAC (Multispecialty Aesthetic Conference) — San Diego, CA -- Oral Presentation
- **Velargo PA.** *Radiofrequency Assisted Lipolysis: Lessons Learned*
  - 2022 — AAFPRS Advances in Rhinoplasty & Facial Rejuvenation Meeting — Miami, FL -- Oral Presentation
- **Velargo PA.** *Peri-orbital Tips and Complications*
  - 2022 — AAFPRS Advances in Rhinoplasty & Facial Rejuvenation Meeting — Miami, FL -- Oral Presentation
- **Velargo PA.** *Non-Surgical Rhinoplasty: Pearls and Pitfalls*
  - 2022 — AAFPRS Advances in Rhinoplasty & Facial Rejuvenation Meeting — Miami, FL -- Oral Presentation
- **Velargo PA.** *Radiofrequency Assisted Lipolysis: Pearls and Pitfalls*
  - 2021 — COSM Annual Meeting — Virtual -- Oral Presentation

- **Velargo PA.** *Buccal Fat Pad Reduction: Pearls and Pitfalls*
  - 2020 — AAFPRS Annual Meeting — Virtual -- Oral Presentation
- **Velargo PA.** *Nanofat Grafting: When, Where, How*
  - 2020 — AAFPRS Annual Meeting — Virtual -- Oral Presentation
- **Velargo PA.** *Avoiding Competition Between Partners*
  - 2020 — AAFPRS Annual Meeting — Virtual -- Oral Presentation
- **Velargo PA.** *Non-surgical Rhinoplasty of the Nasal Tip*
  - 2020 — International Master Course on Aging Science — Paris, France -- Oral Presentation
- **Velargo PA.** *Aging Face Symposium*
  - 2019 — AAO-HNS Annual Meeting — New Orleans, LA -- Director, Oral Presentation
- **Velargo PA.** *Nano-fat Grafting: When, Where, and How*
  - 2019 — Foundation for Facial Aesthetic Surgery — New Orleans, LA -- Oral Presentation
- **Velargo PA.** *Buccal Fat Pad Reduction: Patient Selection and Approach Under Local Anesthesia*
  - 2019 — Foundation for Facial Aesthetic Surgery — New Orleans, LA -- Oral Presentation
- **Velargo PA.** *Delayed Filler Reactions: Vycross and More*
  - 2019 — Foundation for Facial Aesthetic Surgery — New Orleans, LA -- Oral Presentation
- **Velargo PA.** *Live Injections of Galderma and Allergan portfolio*
  - 2019 — Foundation for Facial Aesthetic Surgery — New Orleans, LA -- Oral Presentation
- **Velargo PA.** *The “Deep Plane” Neck Lift: Subtotal Platysma Transection with Lateral Platysma Repositioning: Pearls and Results*
  - 2018 — Foundation for Facial Aesthetic Surgery — New Orleans, LA -- Oral Presentation
- **Velargo PA.** *Neuromodulator Tips.*
  - 2018 — Foundation for Facial Aesthetic Surgery — New Orleans, LA -- Oral Presentation
- **Velargo PA.** *Facial Feminization Surgery and the Transgender Patient.*
  - 2018 — Foundation for Facial Aesthetic Surgery — New Orleans, LA -- Oral Presentation
- **Velargo PA.** *Live Injections of Galderma and Allergan portfolio.*
  - 2018 — Foundation for Facial Aesthetic Surgery — New Orleans, LA -- Oral Presentation
- **Velargo PA.** *Inject, Freeze, or Both? Non-Surgical Treatment of Submental Fullness.*
  - 2017 — AAFPRS Annual Meeting — Phoenix, AZ -- Oral Presentation
- **Velargo PA.** *Navigating the Business of Starting and Running a Practice.*
  - 2017 — AAFPRS Annual Meeting — Phoenix, AZ -- Moderator/ co-director. Oral Presentations
- **Velargo PA.** *Inject, Freeze, or Both? Non-Surgical Treatment of Submental Fullness.*
  - 2017 — State of the Art in Facial Aesthetics — New Orleans, LA -- Oral Presentation
- **Velargo PA.** *PRP Microneedling — Platelet Rich Plasma or Profit Rich Placebo?*

- 2017 — State of the Art in Facial Aesthetics — New Orleans, LA -- Oral Presentation
- **Velargo PA.** *Live Injections of Restylane in the tear troughs and Kybella in the submentum.*
  - 2017 — State of the Art in Facial Aesthetics — New Orleans, LA -- Live Injections
- **Velargo PA.** *What I do to avoid complications in my practice.*
  - 2017 — State of the Art in Facial Aesthetics — New Orleans, LA -- Panel Discussion
- Langsdon, PR, **Velargo PA**, Rodwell, DR. *Submental Muscular Medialization and Suspension*
  - 2013 — Ed Cocke Annual Research Symposium — Memphis, TN — Oral Presentation
- **Velargo PA**, Samant S. *Synsepalum dulcificum And Variable taste Occurring after Radiation (SAVOR) Trial*
  - 2012 — AAO-HNS Annual Meeting — Washington, DC — Poster Presentation
- **Velargo PA**, Langsdon PR. *Auricular Helix Reconstruction: A Novel Spin on an Old Technique*
  - 2012 — COSM (AAFPRS) — San Diego, CA — Poster Presentation
- **Velargo PA**, McLevy J. *A “Nail-biting” Presentation of a Mistreated Airway Foreign Body*
  - 2012 — COSM (ASPO) — San Diego, CA — Poster Presentation
- Hodges JM, **Velargo PA**. *The Anterior Neck Dilemma*
  - 2012 — State of the Art in Facial Aesthetics — Atlanta, GA -- Oral Presentation
- **Velargo PA**, Sebelik ME. *Basal Cell Carcinoma and Rhinophyma: A Novel Treatment Option*
  - 2011 — AAO-HNS Annual Meeting — San Francisco, CA — Poster Presentation
- **Velargo PA**, Samant S. *Synsepalum dulcificum And Variable taste Occurring after Radiation (SAVOR) Trial*
  - 2011 — Ed Cocke Annual Research Symposium — Memphis, TN — Oral Presentation
- **Velargo PA**, Sebelik ME. *Otolaryngologic Significance of the Hutchinson Sign*
  - 2011 — COSM (Triological Society) — Chicago, IL — Poster Presentation
- Tomeh C, Jones N, **Velargo PA**, Thompson JW. *Subglottic Stenosis in Juvenile Rheumatoid Arthritis*
  - 2011 — COSM (ASPO) — Chicago, IL — Poster Presentation
- **Velargo PA.** *Boerhaave Syndrome: A Case Presentation*
  - 2007 — Cohn-Rives Annual Research Symposium — New Orleans, LA — Oral Presentation

## *In the Media*

- Hobbins, K. *Buccal Fat Pad Removal Risks.* A video interview featuring **Dr. Velargo**.
  - 2020 — Aesthetic Authority — <https://www.aestheticauthority.com/view/buccal-fat-pad-removal-risks>
- Cardé, L. *The Quest for the Fountain of Youth.* An article highlighting plastic surgery trends and techniques featuring **Dr. Velargo**.
  - 2020 — Inside New Orleans Magazine — New Orleans, LA — [https://issuu.com/jblpublishing/docs/2002web?fbclid=IwAR35LFuEKwnNQyp\\_mm2rNtqoZWoyPcKSxYWuE8ZJOE3x7h03j1ifYZC-RjQ](https://issuu.com/jblpublishing/docs/2002web?fbclid=IwAR35LFuEKwnNQyp_mm2rNtqoZWoyPcKSxYWuE8ZJOE3x7h03j1ifYZC-RjQ)
- **Velargo PA.** *AccuTite: Non-surgical Facelift*

- 2019 — Fox8 News — <https://vimeo.com/375776214>
- **Velargo PA.** *The Cost of Beauty: How Social Media is Changing our Perception*
  - 2019 — ViewPoints Radio — <https://podcasts.apple.com/us/podcast/cost-beauty-how-social-media-is-changing-our-perception/id351890814?i=1000443216727>
- **Velargo PA.** *Snapchat Dysmorphia*
  - 2018 — WWL Radio — <https://wwl.radio.com/articles/trend-plastic-surgery-industry-snapchat-dysmorphia-dr-parker-velargo-explains-what-it>
- **Velargo PA.** *Snapchat Dysmorphia*
  - 2018 — WGNO ABC News — <https://wgno.com/2018/08/21/nola-plastic-surgeon-responds-to-snapchat-dysmorphia/>
- **Velargo PA,** Hendrick RG. *Transgender Plastic Surgery*
  - 2017 — eHealth Radio — <https://ehealthradio.podbean.com/e/drs-velargo-hendrick-go-in-depth-about-transgender-plastic-surgery/>
- Lutz, B. *Double Surgeries: Four Hands are Better Than Two.* An article highlighting the unique team approach of Drs. **Parker Velargo** and Russell Hendrick.
  - 2016 — New Orleans Magazine — New Orleans, LA — <http://www.myneworleans.com/New-Orleans-Magazine/May-2016/Double-Surgeries/>
- **Velargo PA,** Hendrick RG. *New Procedure to Dissolve Double Chin Without Surgery*
  - 2016 — WDSU — New Orleans, LA — <http://www.wdsu.com/news/local-news/new-orleans/new-procedure-to-dissolve-double-chin-without-surgery/36548568>
- **Velargo PA,** Hendrick RG. *Get Summer Ready with Rhinoplasty and Breast Augmentation*
  - 2016 — eHealth Radio — <http://ehealthradio.podbean.com/e/get-summer-ready-with-rhinoplasty-and-breast-augmentation/>
- **Velargo PA.** *Correction of infant ear deformities with Earwells*
  - 2015 — WLAE — New Orleans, LA — <https://vimeo.com/134202061>
- **Velargo PA.** *Tech-neck*
  - 2015 — Fox8 — New Orleans, LA — <http://www.fox8live.com/Clip/11516820/tech-neck>
- **Velargo PA,** Hendrick RG. *“Bro”-tox Trend Sweeping the Nation, Including New Orleans*
  - 2015 — WDSU — New Orleans, LA — <http://www.wdsu.com/news/local-news/new-orleans/botox-trend-sweeping-the-nation-including-new-orleans/32537564>
- **Velargo PA,** Hendrick RG. *Why Two Plastic Surgeons are Better than One*
  - 2015 — eHealth Radio — <http://ehealthradio.podbean.com/e/why-2-plastic-surgeons-are-better-than-1-with-new-orleans-center-for-aesthetics-and-plastic-surgery/>

### *International/National Meetings Attended*

- ASPS Annual Meeting — New Orleans, LA — 2025
- AAFPRS Annual Meeting — New Orleans, LA — 2024

- California Rhino-Face Summer Meeting — Newport Beach, CA — 2024
- Return of the MAC (Multispecialty Aesthetic Conference) — San Diego, CA — 2023
- Advanced Facial Aesthetic Surgery Techniques — Miami, FL — 2022
- Ultrasonic Rhinoplasty — Miami, FL — 2022
- AAFPRS Advances in Rhinoplasty & Facial Rejuvenation Meeting — Miami, FL — 2022
- Advanced Techniques in Facial Rejuvenation — Saint Louis, MO — 2021
- COSM Annual Meeting — Virtual — 2021
- Sonosthetics, Aesthetic Ultrasound Course — Dallas, TX — 2021
- AAFPRS Annual Meeting — Virtual — 2021
- IMCAS Meeting — Paris, France — 2020
- QMP Medical Meeting — Miami, FL — 2019
- AAO-HNS Annual Meeting — New Orleans, LA — 2019
- Foundation for Facial Aesthetic Surgery Annual Meeting — New Orleans, LA — 2019
- Foundation for Facial Aesthetic Surgery Annual Meeting — New Orleans, LA — 2018
- AFPRS Annual Meeting — Phoenix, AZ — 2017
- Foundation for Facial Aesthetic Surgery Annual Meeting — New Orleans, LA — 2017
- Foundation for Facial Aesthetic Surgery Annual Meeting — Atlanta, GA — 2015
- AAFPRS Annual Meeting — New Orleans, LA — 2013
- Ed Cocke Annual Research Symposium — Memphis, TN — 2013
- AAO-HNS Annual Meeting — Washington, DC — 2013
- COSM (AAFPRS & ASPO) — San Diego, CA — 2012
- State of the Art in Facial Aesthetics — Atlanta, GA — 2012
- AAO-HNS Annual Meeting — San Francisco, CA — 2011
- Ed Cocke Annual Research Symposium — Memphis, TN — 2011
- COSM (Triological Society & ASPO) — Chicago, IL — 2011
- AAFPRS Annual Meeting — Boston, MA — 2010

- Cohn-Rives Annual Research Symposium — New Orleans, LA — 2007

### *Patient Education Seminars*

- **Velargo PA.** *The Appearance Factor; Advances in Surgery of the Aging Face* — Uptown Aesthetics Seminar — New Orleans, LA — 11/4/2015
- **Velargo PA.** *Advances in Treating the Aging Face* — Louisiana Electrologist Association Annual Seminar — New Orleans, LA — 4/11/2014
- **Velargo PA,** Hendrick RG. *Non-Surgical Facial Rejuvenation* — My Spa By the Park Beauty Seminar — New Orleans, LA — 9/2014
- **Velargo PA,** Fishman I. *Non-Surgical Facial Rejuvenation* — McCollough Plastic Surgery Center Aesthetic Seminar — Gulf Shores, AL — 10/2013

### *Facial Plastic Surgery Presentations at Grand Rounds*

- **Face and Neck Lifting** — Tulane University, New Orleans, LA — 2025
- **Face and Neck Lifting** — Tulane University, New Orleans, LA — 2022
- **Non-Surgical Management of Infant Ear Deformities** — New Orleans, LA — 2016
- **Facial Injectables and Fillers** — Memphis, TN — 2012
- **Hair Restoration** — Memphis, TN — 2010
- **Velopharyngeal Dysfunction** — Memphis, TN — 2010
- **Pediatric Facial Trauma** — Memphis, TN — 2009

### *Other Certifications*

- Advanced Care Life Support (ACLS) — 2012 - present
- Basic Life Support (BLS) — 2012 - present

### *Honors*

- Fellow of the American College of Surgeons (FACS)
- Castle Connolly Top Doctor, Facial Plastic Surgery — 2022-present
- Trainer/ Key Opinion Leader for Revance Therapeutics

- RealSelf “Top 100” Doctor — 2016
- RealSelf “Top 500” Doctor — 2015, 2017
- Diplomate to the American Board of Otolaryngology/ Head & Neck Surgery — 2014
- University of Tennessee-HSC Medical Gross Anatomy Excellence in Instruction Award — 2009
- Diplomate to the National Board of Medical Examiners — 2009
- Louisiana Music Hall of Fame inductee: Ensemble award honoring the LSU Marching Band — 2009
- Jefferson Parish Medical Society LSU Medical Student of the Year Scholarship — 2006
- Southeast LA Area Health Education Center Medical Student Rural Care Scholarship — 2005
- Phi Beta Kappa, Honor Society — 2004 - present
- Beta Beta Beta, National Biological Honor Society — 2003 - present
- Alpha Epsilon Delta, Premedical Honor Society (Reporter: 2003 – 2004) — 2002 - 2004
- Golden Key International Honor Society (Honorary Member Liaison: 2003) — 2002 - present
- Gamma Beta Phi, Service Oriented Honor Society — 2001 - present
- Sudler Trophy winner: Ensemble award honoring the LSU Marching Band — 2001
- Tiger Marching Band Performance Scholarship — 2000 - 2002
- Louisiana All-State tympanist — 2000

### *Volunteerism*

- Face to Face: The National Domestic Violence Outreach Program of the AAFPRS (pro bono surgery to survivors burdened with physical scars or injuries located on the head, face, and neck) — 2014 - present
- Faces of Honor: The Injured Veterans Outreach Program of the AAFPRS (pro bono surgery to veterans who were deployed in Iraq or Afghanistan burdened with face or neck injuries) — 2014 - present

### *Professional Memberships*

- American Academy of Facial Plastic & Reconstructive Surgery — 2010 - present
- American Academy of Otolaryngology/Head & Neck Surgery — 2008 - present
- American College of Surgeons, Fellow — 2008 - present
- Louisiana State Medical Society — 2005 - present
- Orleans Parish Medical Society — 2014 - present

- Louisiana State University School of Medicine Alumni Association — 2008 - present
- Louisiana State University Alumni Association — 2004 - present
- Tiger Athletic Foundation Member — 2000 - present
- Brother Martin High School Alumni Association — 2000 - present

### *Facial Plastic Surgery Work Experience*

- *New Orleans Center for Aesthetics and Plastic Surgery* — Physician, Facial Plastic & Reconstructive Surgery — New Orleans, LA — 2014 - present
- *Staff Care* — Locums Physician, Facial Plastic Surgery/ Head & Neck Surgery — Good Samaritan Hospital; Kearney, NE — 2015 - 2016
- *Bopp Dermatology and Facial Plastic Surgery* — Physician, Facial Plastic & Reconstructive Surgery — Metairie, LA — 2014 - 2015
- *Rejuvenation MedSpa* — Physician, Cosmetic Injectables — Orange Beach, AL — 2013 - 2014
- *McCollough Medical Spa* — Physician, Cosmetic Injectables and Aesthetic LASERs — Gulf Shores, AL — 2013 - 2014